



## AOFS NEWSLETTER

March 2017

Issue 21



Dear Members and Colleagues,

This lovely new year of 2017 has opened with a cock's crow.

I would like to extend special appreciation and thanks to all members including former presidents and executive members of AOFS council for your participation and invaluable contribution to our society. AOFS members have offered excellent quality academic services with education programs for the training of specialists and experts responsible for sexology, sexual medicine and sexual health. I believe that AOFS is truly dedicated to the promotion of specialized members by collaborating with outstanding academic leaders in Asia-Oceania countries.



Professor Park

The next AOFS Conference will be held in 2018. The 15<sup>th</sup> Congress of Asia-Oceania Federation for Sexology will be held in Chennai, India on August 17-19, 2018. I hope that by hosting the 2018 AOFS Conference in collaboration with APSSM and WASH, India's reputation will be increased around the globe and we will accomplish our AOFS vision towards sexology.

Chennai is a scenic harbor city with many historical treasures and natural resources. I have certainly enjoyed my past visits to this charming city. The Local Organizing Committee of AOFS2018 is being led by Congress President Dr Narayana Reddy. As an experienced conference organizer Dr Reddy will offer not only a stimulating scientific program, but also attractive socio-cultural activities as a milieu to share our warmest friendship and advanced academic ideas. I believe the AOFS2018 will write a new chapter in the history of sexology and I look forward to seeing you at Chennai on 2018.

Welcome to the AOFS web site [www.aofs-asia.org](http://www.aofs-asia.org) to build upon our history of proud and informative issues. The AOFS continues to benefit from reciprocal relationships with organizations and individuals that share our commitment to sexual health.

Nam Cheol Park, MD, PhD

President of Asia-Oceania Federation for Sexology.

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Dr Margaret Redelman	

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## AOFS AGM Information

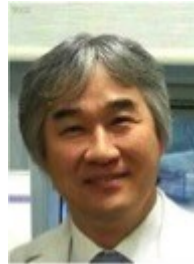
Dear Friends,

AOFS is our regional organisation for promotion of good sound sexual information and the support and training of professionals who work in this area of medicine and social sciences. We recently re-newed our constitution and moved our registered base from Hong Kong to Sydney, Australia.

We reaffirmed our commitment to the growth and sustainability of AOFS. This growth can only come about from member participation. A grass roots sense of usefulness. This comes through supporting our regional conferences and participating in the running of the organisation.

The organisation registering body in NSW, Australia requires us to have an annual AGM. This needs to be roughly within 12 months of incorporation.

If you have any items that you would like to raise please send them in to the secretary or myself. For inclusion in the agenda for the meeting .



Dr Kim



### Certificate of Incorporation as an Association

This is to certify  
**ASIA OCEANIA FEDERATION OF SEXOLOGY  
INCORPORATED**

is registered as an incorporated association in New South Wales  
under the Associations Incorporation Act 2009

Registration Number INC1600862

Date of Incorporation 20 July 2016

Issued by NSW Fair Trading on 20 July 2016.

Rod Stowe  
Commissioner  
NSW Fair Trading

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## Next AOFS Congress



The website and details are still a work in progress so please contact the Congress President Dr Narayana with any queries, offers of help or suggestions.

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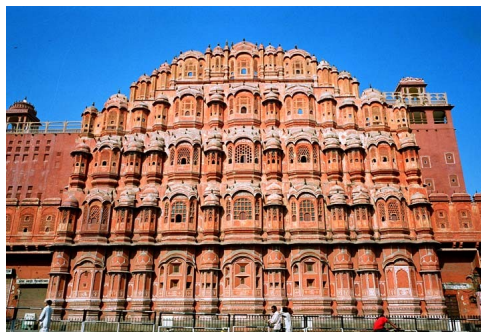
**Email :** deganr@gmail.com



Dr Reddy

## INDIA

The Indian Sexology Association "Council of Sex Education and Parenthood International" will be conducting its 33rd National Sexology Conference at Jaipur (North India) from 8th to 10th September 2017. The conference website will soon be active under [www.sexconindia.com](http://www.sexconindia.com). About 300 delegates are expected to attend this conference. The conference venue is in Jaipur which is a historical city with many World Heritage sites in and around it. It is a main tourist destination for International Travellers to India.



## 23rd Congress of the World Association for Sexual Health

May 28 – 31, 2017

Prague, Czech Republic

Dear colleagues and friends,



On behalf of the Sexological Society of the Czech Medical Association of J. E. Purkyně, on behalf of the Institute of Sexology of Charles University - the oldest university sexological institute in the world, and also on behalf of my fellow Czech sexologists, I would like to cordially invite you all to the 23<sup>rd</sup> World Congress for Sexual Health held in Prague in May 2017. Prague is a city which has played an important role in the history and the development of sexology: for example in Prague Prof. Kurt Freund designed the first phalopneumograph, Prof. Václav Michal performed the first vascular microsurgery of a male patient with erectile dysfunctions. We are proud to have the capital city of the Czech Republic play host to this exceptional forum of outstanding lectures and interactive discussions.

So come to Prague, a place where different cultures have been meeting for centuries to exchange knowledge and ideas. I am confident you will enjoy your stay and visit our wonderful city again in the future.

We look forward to meeting you.

**Professor Petr Weiss**

WAS 2017 Congress President

Dear friends and colleagues,

It is my great pleasure to warmly invite you to our 23<sup>rd</sup> biannual congress for the World Association for Sexual Health in Prague. Our congresses are each unique in the topics, themes and breadth of scope that they offer to sexologists and those working or interested in learning more about the field of sexual health. You will be able to submit your work, to network with peers, colleagues and friends and to enjoy a congress that has such wide appeal across a number of different specialties and of global reach. Our meeting will be under the auspices of a friend of long standing, Professor Petr Weiss. Petr is a recent recipient of the prestigious EFS Gold Medal and I know that he and his team will be the perfect hosts for our next congress. I do hope that you will find the time to contribute and participate at the next WAS congress in whatever way you can whether you are a long standing supporter of WAS or a newcomer. We welcome everyone who supports our mission statement and we look forward to your attendance in this most magnificent and historical city.

**Professor Kevan Wylie**

WAS President

## Education/ information: Influence of culture and changing of the cultural milieu

In the this section I thought I would introduce a topic that is of interest for me as a European born Australian raised and educated sexologist. In multi-cultural Sydney I often have patients from Asian backgrounds - born overseas and educated in Australia, born overseas and migrated as adults, assimilated and not, with families in Australia or not and so on. I am fascinated by the variety of influences these individuals experience and how they play out for the patient's sexual and relationship life.

I think this is an important area to consider as many of our members would be seeing patients/clients who have migrated, come home, have children and family members overseas and so on. These individuals are influenced in ways that does not happen for those who stay within their own cultural base.

I am including a very small sample of articles on this topic. I would be interested in your experiences with Asian patients/clients who have moved in and out of Western cultures and how their sexuality, practice or ideas, have been influenced. Most importantly, how have you dealt with the impacts on your patients/clients in the therapeutic management of your patients.

### 1 Ethnic and gender differences in sexuality: variations in sexual behavior between Asian and non-Asian university students.

Meston CM; Trapnell PD; Gorzalka BB

Archives Of Sexual Behavior, ISSN: 0004-0002, 1996 Feb; Vol. 25 (1), pp. 33-72; PMID: 8714427

Seven hundred and two (346 non-Asian, 356 Asian) undergraduate volunteers were assessed in a confidential laboratory setting on levels of interpersonal sexual behavior (e.g., petting, intercourse), intrapersonal sexual behavior (e.g., fantasy, masturbation), and sociosexual restrictiveness (e.g., lifetime number of partners, number of "one-night stands"). The purpose was to examine possible differences in sexual behavior between Asian and non-Asian Canadian university students and to determine the association between North American residency and the sexual behavior of Asians. The role of gender on sexual behavior both across and within ethnic groups was also examined. Statistical analyses revealed that Asian students were significantly more conservative than non-Asian students on all measures of interpersonal sexual behavior and sociosexual restrictiveness. Significant differences were also noted between Asian and non-Asian students on most measures of intrapersonal sexual behavior. With the exception of two fantasy items, length of residency in Canada was unrelated to interpersonal sexual behavior, intrapersonal sexual behavior, or sociosexual restrictiveness among Asians. Although gender differences were substantial for intrapersonal sexual behaviors such as fantasy and masturbation, no significant gender differences were found for measures of interpersonal sexual experience, with the exception of reported number of one-night stands.

### 2 Differences in Sexual Guilt and Desire in East Asian and Euro-Canadian Men

Lori A. Brotto, Jane S. T. Woo and Boris B. Gorzalka

Journal of Sex Research 49(6), 594-602, 2011 Copyright # The Society for the Scientific Study of Sexuality ISSN: 0022-4499 print=1559-8519 online DOI: 10.1080/00224499.2011.618956

Differences in sexual desire between individuals of East Asian and European descent are well-documented, with East Asian individuals reporting lower sexual desire. The mechanisms that underlie this disparity have received little empirical attention. Recent research has found that sex guilt, "a generalized expectancy for self-mediated punishment for violating or for anticipating violating standards of proper sexual conduct" (Mosher & Cross, 1971, p. 27), mediates the relationship between culture and sexual desire in East Asian and Euro-Canadian women. The goal of this study was to explore this role of sex guilt in men. Male Euro-Canadian (n = 38) and East Asian (n = 45) university students completed online questionnaires.

The goal of this study was to explore this role of sex guilt in men. Male Euro-Canadian (n = 38) and East Asian (n = 45) university students completed online questionnaires. The East Asian men reported significantly lower sexual desire and significantly higher sex guilt. Sex guilt was a significant mediator of the relationship between ethnicity and sexual desire, as well as a significant mediator between mainstream acculturation and sexual desire. Among the East Asian men, mainstream acculturation was significantly and negatively correlated with sex guilt such that increasing mainstream acculturation was associated with less sex guilt. The diagnostic and clinical implications of the findings are discussed.

### 3 Cognitive Aspects of Sexual Functioning: Differences Between East Asian-Canadian and Euro-Canadian Women

Heather Morton, Boris B. Gorzalka

Arch Sex Behav (2013) 42:1615–1625 DOI 10.1007/s10508-013-0180-3 Received: 30 August 2012 Published online: 21 September 2013 Springer Science+Business Media New York 2013

The purpose of this study was to investigate the sexual beliefs of female undergraduates, as well as the thoughts they experience during sexual experiences. The study aimed to determine potential differences in these variables between East Asian-Canadians and Euro-Canadians, as well as the influence of acculturation on these variables. In addition, the relationships between sexual beliefs, automatic thoughts, and specific aspects of sexual functioning were examined. Euro-Canadian (n=77) and East Asian-Canadian (n=123) undergraduate women completed the Sexual Dysfunctional Beliefs Questionnaire, the Sexual Modes Questionnaire, the Female Sexual Function Index, and the Vancouver Index of Acculturation. East Asian women endorsed almost all sexual beliefs assessed in this study more than did Euro-Canadian women, and endorsement of these beliefs was associated with acculturation. In addition, East Asian-Canadian and Euro-Canadian women differed in the frequency of experiencing negative automatic thoughts. Results also revealed associations between difficulties in sexual functioning, and both sexual beliefs and automatic thoughts. Together, these results provide preliminary support for the hypothesis that differences in cognitive aspects of sexuality may underlie the differences in sexual functioning previously observed between these two groups.

### 4 Contributions of Divergent Peer and Parent Sexual Messages to Asian American College Students' Sexual Behaviors

Sarah L. Trinh, L. Monique Ward

Journal of Sex Research, 51(2), 208–220, 2014 Copyright # The Society for the Scientific Study of Sexuality ISSN: 0022-4499 print=1559-8519 online DOI: 10.1080/00224499.2012.721099

Receiving more parent sexual communication is generally linked to a later age of first sexual intercourse and less sexual risk taking. However, Asian American youth report minimal parent sexual communication, later sexual initiation, and fewer sexual risks than their counterparts. What contributes to this unexpected pattern of sexual communication and sexual behaviors? To answer this question, we surveyed 312 Asian American college students ages 17 to 22 on their sexual behaviors, parent sexual communication, and peer sexual communication. Assessment of parent and peer sexual communication was completed via a measure in which participants rated the frequency with which they had received each of 22 sexual messages from each source. Young women generally received more messages promoting abstinence, traditional sex roles, and sex within a relational context than their male counterparts. Young men, however, reported greater parent and peer communications that were accepting of casual sex. Exposure to peer messages that were accepting of casual sex was associated with more sexual partners, casual sex encounters, and sexual experience. Being older, being raised outside the United States, being less religious, and being homosexual was each predictive of more sexual experience. Implications regarding the role of culture and gender on sexual socialization are discussed.

## Invitation to participate

Our region, Asia covers a wide area and many diverse cultures. In order to achieve our goals of increasing the sexual wellbeing of our region we need to unite through networking, education and participation in joint ventures. This Newsletter is one way for us to work together in sharing information on activities happening in the region and what individual sexual health professionals are doing.

We ask that all members of AOFS contribute to this newsletter by submitting their country's Sexology Conference and educational meetings information, information on special education/professional development programs, outcomes of sexological or education programs, acknowledgement awards given to members of AOFS, fun activities held by members and anything else that you feel would be of interest to other members of AOFS. Photos are welcome.

**Three editions are planned for 2017— March, July and November.**

Please send contributions to the Newsletter to Margaret Redelman at:

[drmredelman@gmail.com](mailto:drmredelman@gmail.com)

Warm regards

Dr Margaret Redelman OAM, Australia

### Regional conferences

2017

**July 10-15**

2017 IASSCS (International Association for the Study of Sexuality, Culture and Society) Conference  
Breaking Boundaries: Sexuality, Gender, Reproduction, Health and Rights  
Hosted by the College of Public Health Sciences, Chulalongkorn University, Bangkok, Thailand  
[www.iasscs.org/2017-iasscs-conference](http://www.iasscs.org/2017-iasscs-conference)

**September 8-10**

33rd National Conference of Sexology (CSEPI)  
Jaipur, India  
[www.sexconindia.com](http://www.sexconindia.com)

**14-16 September**

8 th International Congress for Gender & Sex Specific Medicine 2017  
Sendai, Japan  
[www.isogem.com](http://www.isogem.com)

2018

**17-19 August**

15th Congress of AOFS  
Chennai, India  
[www.aofs2018.org](http://www.aofs2018.org)

THE AOFS CONFERENCE IS 'OUR' CONFERENCE.

FOR US TO MEET WITH EACH OTHER TO SHARE KNOWLEDGE AND HIGHLIGHT WHAT IS HAPPENING IN OUR REGION.

PLEASE PARTICIPATE ACTIVELY BY SUBMITTING ABSTRACTS TO PRESENT YOUR WORK .