



AOFS NEWSLETTER

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12th AOFS Conference, Matsue, Japan



The program structure of the 12th AOCS consists of Plenary Sessions, Symposia, Oral Sessions, Poster Presentation, Social Programs, Luncheon Meetings and the Special Sessions open to the public.

The congress theme is **"Promotion of Sexual Health in Asia-Oceania"** and will cover the latest findings regarding sexual health issues in the region.

Details will be announced on the official website

<http://www.12aocs.jp/>



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Call for Sponsorship of AOFS Conferences

In the present economic conditions everyone is struggling to get sponsorship for conferences. If you know of individuals, organisations or companies who could help AOFS please let conference organizing committees know.

We can expect it to become increasingly more difficult to source funds in the future as Pharmaceutical companies tighten their belts. However, we all gain a lot from attending conferences, so we need to work together for our own professional support and development.

Please become active in AOFS and help us grow.

Inside this issue

Obituary for Dr. Seiichi Matsumoto

President, Japan Family Planning Association (JOICFP)

Professor Emeritus, Jichi Medical School, and Gunma University

JOICFP Board of Directors

Dr. Seiichi Matsumoto 12 November 2004 (aged 88)



Dr. Sei'ichi Matsumoto passed away in late 2011 aged 95 years.

He dedicated his time and energy to ensure sexual health for all, through his work as the President of the Japan Family Planning Association, the Japanese Association for Adolescentology, and many other major organizations relating to sexual medicine/science. He was President of the 1995 WAS Conference in Yokohama, where he received the WAS Gold Medal and he was President of the Kobe conference of the Asian Congress of Sexology in 2000. He has held many important positions throughout the country and internationally, and his efforts have been recognized both in Japan and overseas.

Dr. Matsumoto's distinguished career has been characterized not only by research, such as into 'war amenorrhea' and pre-menstrual syndrome, but also by pioneering contributions to the fields of obstetrics and gynaecology. He was an enthusiastic proponent of sex education for doctors, nurses and midwives.

On 12th November 2004, nearly 200 people attended an 88th birthday celebration for Dr. Matsumoto. The 88th birthday is traditionally recognized in Japan as being an especially joyous occasion. Medical and co-medical staff, government and NGO representatives, academicians, students, and friends and colleagues attended to pay tribute to Dr. Matsumoto's outstanding achievements in the field of reproductive health and rights, including those for adolescents. An annual award has been named in his honor. In March 2012 the 16th Matsumoto Award will be handed out. The selection committee for the Matsumoto Award comprises members of JFPA, JOICFP, JSOG, and the Japanese Society of Fertility and Sterility.

A special memorial lecture is being planned for Dr. Matsumoto at 12th AOFS in Matsue.

He will be greatly missed by all his colleagues and the wider international sexology family.

Sexual Multiculturalism



The first love hotel was opened in Sydney, Australia in 2011. It will be interesting to see if this Asian concept which arose out of families living in small homes and apartments takes off in Australia, where needs for space and privacy are less.

With greater travel opportunities for recreation and education, and internet communication, regional sexual customs and beliefs are spreading. It is interesting to observe this spread and watch how adaptations to new locations.

Dr Rosemary Coates (WAS President) was awarded an Order of Australia (AO)

Dr Coates was awarded an Officer in the General Division of the **Order of Australia** (AO) in this year's awards on Australia Day 26 January 2012.

She received her AO for distinguished service to the community in the field of reproductive and sexual health through executive roles with national and international health organisations, and to medical education and research.



Her curriculum vitae includes:

- President, World Association for Sexual Health (WAS) since 2009
- Vice-President of WAS 2005-2009
- Regional Secretary, Asia-Oceania, 2001-2005
- Member Organising Committee of WAS since 2002
- Current Member, Editorial Board, *International Journal of Sexual Health*.
- Technical Adviser, Reproductive Health and Research Group, World Health Organization, since 2002
- Member, Gender Advisory Panel of WHO since 2002.
- Inaugural President, Australian Reproductive Health Alliance (ARHA) 1996-1998
- Board Member of ARHA 1996-2006
- Chair, Advisory Committee on Publications (Classification Review Board), Western Australian State Government, 1983-2000.
- President, Australian Society of Sexuality Educators, Researchers and Therapists (ASSERT) 1981-1984; Member, Conference Committee, 1992-1994.
- Member, Advisory Committee, Indian Ocean Centre for Peace Studies, 1990-1995.
- Chairperson, Western Australian AIDS Council, 1985-1989.
- Inaugural President, Western Australian Sexology Society (WASS) 1985-1988; Life Member.
- President, Family Planning Association (WA), 1993-1996; Vice-President, 1992.
- National Consultant for Education, Australian Federation of Family Planning Associations, 1989-1995; Convenor, Education Task Force, 1983-1988.
- Founder and Leader, Sexology Program, Curtin University, 1979-2006.
- Consultant, International Programs European Liaison, 2002-2008.
- Associate Professor, Sexology Programs, School of Public Health, Centre for International Health, since 2003.
- Director, Sexual Health Research and Education Unit, Division of Health Sciences, 1984-2002.
- Curtin University Representative, Advisory Committee, Joint Universities Centre for Research for Women, 1995-2000.
- Chairperson, University Ethics Committee; Member, Human Experimentation Ethics Committee; Member, University Equal Opportunity Advisory Board.
- Deputy Head, School of Physiotherapy, 1992-2002.
- Established the world's first Forensic Sexology Masters.

Sexual Health in China

Professor Zhang Mei-mei

Associate Professor, Sexuality Education and Research Centre, Capital Normal University, China.

Prof Zhang is the deputy director of Sexuality Education and Research Center, Capital Normal University, China, and the vice-chairman of Beijing Sexuality Health Education and Research Association.



A brief introduction of Chinese sexuality education for adolescents (18 years old)

The demarcation of sexuality education

Modern sexuality education is the process to make the body, personality and social adaptation of both men and women better. We hope to help people to be healthy, self-confident, and happy according to the sexuality education.

The demarcation of the three words body, personality and social adaptation are explained in the following. Body: normal development, sound function and health. Personality: mental structure, ability and appropriate self-regulation. Social adaptation: good interpersonal communication and the good interaction with social environment.

We think that people need sexuality education all their life. And the definition of sexuality education for adolescents is that we guide adolescents to grow up to be a boy or a girl who is healthy, self-confident and happy. It's a very important preparation for living as an adult in society.

The content of sexuality education

The content of sexuality is different in different age level. The emphasis of sexuality education for adolescents include the following. First, help them to build the value of sexuality and upgrade it continually. Second, learn about the sexuality knowledge which the adolescents want to know. Third, help them to know the life skills and communication methods which are both good for their own health and harmless for other people. Fourth, cultivate them to have strong determination and self-control ability.

Beijing Sexual Health Education Research Center and Capital Normal University pay attention to this content in the sexuality education research which is carried out in the primary and middle school in Beijing. This research is entrusted by the Beijing Municipal Education Commission.

The implementation method of sexuality education

Sexuality education for adolescents was brought in middle school in 1980s in the mainland China. And it was brought in university in 1990s. These kinds of education are all based on the sexuality education project, that means when the project finishes, the sexuality education stops.

The quality of sexuality education practitioners

There are a lot of sexuality education practitioners in mainland China. They work in schools, NGOs, families, media and some social organizations. They work based on their profession background, and they also try their best to learn different kinds of knowledge, including psychology, pedagogy, jurisprudence, sociology, anthropology, medicine, aesthetics and culture. All the practitioners participate in different kinds of trainings which help them to know the skills needed in the education. Most of the practitioners have the humane sexual values and they have caring, responsible and dedicated spirit for adolescents. These sexuality education practitioners are the hope and future for the sexuality education in China. There are two universities which can train the practitioners and give them academic knowledge. These are Capital Normal University (double major for undergraduates) and Chengdu University. These two universities add sexuality education in the training for teachers. So when the students graduate, they have the ability to do sexuality education in university, middle school and primary school. Moreover, a lot of normal universities set up an elective course for sexuality education in order to promote the knowledge of sexuality education. The normal universities which set up this kind of course include Huazhong Normal University, Neimenggu Normal University, Tianjin Normal University, Nanjing Normal University and so on.

Prof Deng Ming-Yu, M.D., Ph.D.

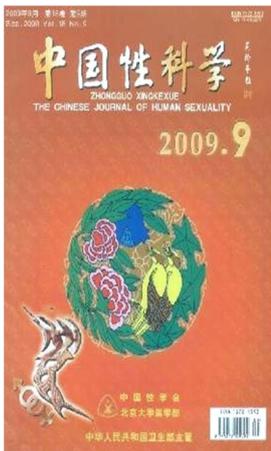
President, Institute for Oriental Western Human Sexuality in USA.

Professor Deng has worked in human sexuality for 25 years and also in the sexual education field. He held Secretary-general of the Foundational committee of China Sexology Association from 1986 to 1994. He was a founding member of the Asian Federation for Sexology in 1991. He was an individual member of World Association for Sexology (later World Association for Sexual Health) in 1998 and was initially the only a sexologist member from the China-mainland. He was Vice President and Secretary-general of the International Society of Chinese Sexology (later the International Society of Chinese Sexual Health). In 2000, Prof Deng immigrated to New York in the USA. He organized long-term international academic exchange and cooperation for Chinese sexologists in China-mainland, Hong Kong and Taiwan with America and other countries. He is also the president of International Society of Chinese Sexuality Health and the vice-president of World Association of Chinese Sexologists.



Since 1987, Prof Deng has published more than 30 academic books, such as 'Research of Sexual Psychology', 'China Sexology', 'Sex Guide in Newly-married', 'Sexuality Education: China and America' and more. He has written and co-written about 200 science papers on human sexuality and sexuality education. He has organized sexuality conferences in China.

The Chinese Journal of Human Sexual-



Started in 1994 publishes 3 editions per year in English with sexual health and general care articles by Chinese authors.

www.australianprescriber.com

Warning re herbal erectile products

Safety alert since July 2011 related to herbal products for improving sexual function, which on testing were found to contain sildenafil. They also included other products such as glibenclamide which in high doses results in severe hypoglycaemia and death.

Study

Sexual and Reproductive Health of Peking University College Students: An Examination on Education, Beliefs, and Practices

Karen Hong Public Health Studies, 2011, Johns Hopkins University
Assisted by Professor Hu Peicheng and others

The study looked at whether understanding the education, beliefs, and practices of Peking University students could potentially help with designing pertinent and effective sexual and reproductive health (SRH) curricula, educating the public about sexual minorities, and removing barriers to accessing SRH services.

The survey suggested that there are better methods for disseminating information, weak SRH knowledge, little acceptance of sexual minorities, and few attempts to access SRH services. One of the most significant findings included the inaccurate perception of HIV transmission.

These results lend support to the idea that more SRH education is needed to create a more tolerant and informed population of Peking University students.

Professor Hu Peicheng Professor of Medical Psychology at Peking University, Beijing, China



XVIIIth Deutsche Gesellschaft für Sozialwissenschaftliche Sexualforschung (DGSS) (German Society for Social Scientific Sexuality Research) Conference
"Sexuality and the Media"
November 7 - 9, 2008, in Munich, Germany

Left to Right: Hu Peicheng, M.D., Ph.D. (awarded the **Magnus Hirschfeld Medal for Sexual Science**); Jakob Pastoetter, Ph.D. (President of DGSS); and W.A. Granzig, Ph.D., MPH, FAACS



The Nationwide Action in Guangxi of APEPCY and international Sexology Summit Forum 2008

Prof. Xiaonian Ma Prof. Judy Kuriansky Prof. Mingyu Deng Dr Margaret Redelman Prof. William Granzig

Professor Ma is professor of sexual medicine who pioneered the field of sexual medicine and sexology in China since the 1980s. His research on sexual medicine and Chinese sexuality has profoundly influenced cultural and social values in China. His later sexological work has focused primarily on Chinese female sexuality.

REGIONAL CONFERENCES 2012

If your country is planning conferences for 2012-2013 please forward details to the editor.

26-29 April

5th Multidisciplinary Sexual Dysfunction Conference

Location: Queenstown, New Zealand

www.sexualdysfunctionconference2012.com

13-14 October

ASSERT National Conference

Sexuality - Beyond Difficulties Diversity & Definitions

Location: Melbourne, Australia

www.assertnational.org.au

IF YOU HAVE READ AN INTERESTING ARTICLE PUBLISHED IN OUR REGION OR HAVE HELD OR PLAN TO HOLD AN INTERESTING MEETING PLEASE SEND INFORMATION TO THE EDITOR SO WE CAN GROW THIS NEWSLETTER AND MAKE IT RELEVANT FOR THE REGION.

Some Recent studies from the AsiaOceania region

Optimal timing to evaluate baseline erectile function in patients undergoing robot-assisted radical prostatectomy

Authors: Dong Suk Kim MD¹, Yeun Goo Chung MD, PhD, Dong Jun Kim MD et al
J Sex Med 2012;9:602-607

¹Department of Urology, Myongji Hospital, Kwandong University College of Medicine, Goyang, Korea

Summary: Accurate diagnosis of prediagnostic erectile function (EF) is crucial when evaluating post-operative EF in patients undergoing bilateral nerve sparing robot-assisted laparoscopic radical prostatectomy (RLRP). IIEF-5 scores can be affected by recall intervals, psychological stress or pain. 54 patients (48-74 years) were given IIEF-5 questionnaires before, 1 day after and 1 month after RLRP. The conclusion reached was that the IIEF-5 should be administered before prostate biopsy rather than before RLRP as cancer-related symptoms and depression can affect IIEF-5 scores.

Comparison of overall sexual function, sexual intercourse/activity, sexual satisfaction, and sexual desire during the three trimesters of pregnancy and assessment of their determinants

Authors: Shioh-Ru Chang RN¹, PhD, Kuang-Ho Chen PhD, Ho-Hsiung Lin MD, PhD, et al
J Sex Med 2011;8:2859-2867

¹School of Nursing, College of Medicine, National Taiwan University, Taipei, Taiwan

Summary: Pregnancy affects women's sexual function. 663 pregnant women were assessed using the Taiwan version of the Female Sexual Function Index (FSFIT) during the 3 trimesters of pregnancy. Mean scores for: overall sexual function, intercourse/activity and satisfaction differed significantly among the 3 trimesters, whereas mean scores for sexual desire did not: the overall sexual function and intercourse were significantly lower during the third trimester than the first or second: and satisfaction was significantly higher during the third than the first trimester. Significant effects studied included discomfort, infertility experiences, body image, effect of abortion, work, HoLou ethnicity and urinary incontinence. Results showed that biopsychosocial and cultural factors affected the FSFIT scores throughout pregnancy.

Comparing effects of a low-energy diet and a high-protein low-fat diet on sexual and endothelial function, urinary tract symptoms and inflammation in obese diabetic men

Joan Khoo MRCP¹, Cynthia Piantadosi PhD, Rae Duncan PhD et al
J Sex Med 2011;8:2868-2875

¹Department of Endocrinology, Changi General Hospital, Singapore, Singapore

Summary: Abdominal obesity and type 2 diabetes mellitus are associated with sexual and endothelial dysfunction, lower urinary tract symptoms (LUTS) and chronic systemic inflammation. The aim was to determine the effects of diet induced weight loss on the above factors. Various measures were taken at baseline, 8 weeks and 52 weeks in 31 obese type 2 diabetic men using the 2 diet types. The results showed that diet-induced weight loss provides rapid improvement of sexual, urinary and endothelial function in obese diabetic men. A high-protein, carbohydrate-reduced, low-fat diet also reduces systemic inflammation and sustains these benefits to 1 year.