



## AOFS

May 2016

Issue 18

### 2016-2018 AOFS Committee

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President elect:	D. Narayana Reddy
Immediate Past President:	Margaret Redelman
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General Membership Officer:	D. Narayana Reddy
Treasurer:	Christopher Fox
Council members:	Doo Geun Moon

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Hong Kong:	Emil Ng
India:	Narayana Reddy
Indonesia:	Arif Adimoelja
Japan:	Reiko Ohkawa
Korea:	Doo Geun Moon
Malaysia:	Professor Lau
Thailand:	Prof. Verapol Chandeying

#### 2016 AGM

The AGM was attended by 20 members.

The new Constitution for AOFS was tabled and approved with a couple of minor adjustments. The Hong Kong office will now be closed and the new office in Australia opened. AOFS will be incorporated with ASIC as a Limited Company. A new bank account will be opened and facilities (PayPal) to make the payment of membership fees easier will be explored.

It was decided that applications to host an AOFS conference need to be put to the AOFS committee in writing 4 years before the desired year at an AOFS AGM.

Professor Park summarised the 14th AOFS Congress. Overwhelmingly the conference was deemed successful by attendees. The atmosphere was fun and collegiate, and the quality and variety of presentations met expectations. The venue which was a very interesting old world hotel was very comfortable and added to the feeling of being in another culture. There were 187 attendees from 15 countries and 72 Korean attendees from various disciplines.



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Dr Margaret Redelman	

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AOFS AGM



AOFS committee members at conference dinner



Sight seeing activity



## Curtin University , Perth, Australia

Curtin University has recently collaborated with the UNESCO Asia-Pacific Regional Bureau for Education on a range of strategies seeking to address school-based bullying, violence and/or discrimination in the region due to sexual orientation, gender identity and expression or intersex status (SOGIEI). A multidisciplinary team was established by Dr Sam Winter, from Curtin University in Australia, and was supported by an international reference group.

The project sought to develop a range of technical products that could be used by countries within the Asia-Pacific Region to improve the evidence base and scale-up programs seeking to prevent and address bullying, and related issues, on the basis of SOGIEI. The tools that were developed focused heavily on youth in educational settings, as two recent UNESCO reports have highlighted the significance of this issue for both this age group and this setting (see *From Insult to Inclusion* and *Educational Sector Responses to Homophobic Bullying* for more information).

An extensive critical review was conducted to investigate the various youth-focused instruments that have assessed SOGIEI-related bullying, violence and/or discrimination throughout the Asia-Pacific Region. Following from this, a template of an online survey instrument was devised to collect data on the nature, scope and impact of bullying due to SOGIEI. The template can be amended for use in either community-based or school based settings and is supported with guidelines in relation to ethical issues, sampling, recruitment and data analysis.

Finally, two auditing tools which could be used by schools were developed. The first tool assists a school to examine how supportive and inclusive the school environment is for students who have intersex variations, are gender diverse and/or report diverse sexual orientations. It considers a whole-school approach to implementation. The second tool helps a school to examine the explicit curriculum delivered to students in this area.

Curtin University hopes to support UNESCO and individual research groups to utilise these tools within various countries throughout the Asia-Pacific. For further information regarding this project, please contact the Project Manager, Dr Jacqui Hendriks at [jacqui.hendriks@curtin.edu.au](mailto:jacqui.hendriks@curtin.edu.au).

## 7th Sexual Dysfunction Conference, Auckland, New Zealand

This biennial trans Tasman (Australia and New Zealand) conference was held 13-15 May 2016 at the Crowne Plaza Hotel in Auckland. The key note speaker was Dr Eli Coleman who presented on Gender Dysphoria and Compulsive Sexual Behaviour.

It is with much sadness that I have to report that this conference will no longer be held due to financial constraints.

The conference has always been rated as very successful by attendees but times are changing and with rising costs, decreased Pharmaceutical company support, the large number of sexuality conferences being held and on-line educational material available it is no longer viable.

Andrea Haas, Judith Withers, Dr Coleman, Sarah Calleja, Dr Michael Lowy, Ian Trevellian and Dr Margaret Redelman. Tanya Koens was not present for the photo.





On 2016 International Women's Day, the regional offices of UNESCO, UNICEF, Plan International and UN Women, and the East Asia Pacific UN Girls' Education Initiative (UNGEI) and the UN Secretary-General's UNITE to End Violence against Women campaign announced the publication of a new resource to advance gender equality, social cohesion and respectful relationships among young people.

The program includes learning tools for teachers to build their own knowledge and awareness on related topics and to increase knowledge, positive attitudes, and skills among students.

Of relevance for our field is the inclusion of health, life skills and sexuality education.

Students learn best in schools that provide safety and social support. However, some young people experience violence and harassment in, around, and on the way to school. This includes gender-based violence (GBV), which can take many different forms and can negatively impact students' learning.

Violence often spills into sexual violence especially against women and we should support all efforts to minimise, if not eradicate it. Sexologists should have input on committees formulating policies and programs.

## Taiwan Study

Erectile dysfunction, loss of libido and low sexual frequency increase the risk of cardiovascular risk in men with low testosterone.

Ho CH, Wu CC, Chen KC et al

The Aging Male: The Official Journal Of The International Society For The Study Of The Aging Male [Aging Male] 2016 Jan 11, pp. 1-6

A total of 395 hypogonadal men aged 45-74 years were surveyed using the Androgen Deficiency in the Aging Male and the International Index of Erectile Function.

The 10-year CVD risk was measured with the Framingham Risk Score. Logistic regression was performed to obtain the odds ratios of sexual function and hypogonadal symptoms for a 10-year CVD risk  $\geq 20\%$  (high risk).

**Conclusions:** ED, decreased sexual frequency and loss of libido predict a high 10-year CVD risk in hypogonadal men.



## Inauguration of International Centre for Research in Sexology

at Dr.Kamaraj Hospital in Chennai

Dr.T.Kamaraj organised the 8th International Conference on Sexology on the 13th and 14th of February 2016. The Conference was held at the Le Royal Meridian Hotel at Guindy, Chennai. This conference was supported by the Indian Association for Sexology, the World Association for Sexual Health and the Dr.Kamaraj Hospital for Men's Health. Dr.Ganesan Adaikan was Chairman of the conference and delivered the special address.

International presenters included Dr. Xin Zhong Cheng ( China), Dr.Nam Cheol Park ( Korea), Dr. Sris Allan (UK), Dr. H.Ruedigar Korff (South Africa) and Dr. Giorgi Pkhadsi (Georgia).

Dr.T.Kamaraj  
Prof.P.Ganesan Adaikan  
Dr.Du Geon Moon  
Prof.Nam Cheol Park



Dr.T.Kamaraj



Dr.Du Geon Moon  
Prof.P.Ganesan Adaikan  
Dr.S.Geethalakshmi, Vice Chancellor of  
Tamilnadu Dr.MGR Medical University  
Dr.T.Kamaraj  
Prof.Nam Cheol Park  
Dr.Jeyarani Kamaraj

## NEXT AOFS BIENNIAL CONFERENCE 2018

15th AOFS Conference

August 2018 in Chennai, India.

[www.aofs2018](http://www.aofs2018) / [www.aofs-asia.org](http://www.aofs-asia.org)

Chennai is a great gateway to southern India. It is also India's 6th busiest city with lots of culture and culinary opportunities. It has easy access for all our Asia Oceania members and affordable pricing.

As always a large part of a conference's success is its attendees and presenters. Let us now put our energy into making our next conference a big success. We all have 2 years to think and plan. Put the date into your long range planner. Think about research or presentations you would like to make. Dr Reddy and his team are very experienced at conference organising and will provide the excellent framework. Encourage colleagues to participate.

Look forward to meeting friends and colleagues, and gaining increased knowledge.



Photo from a previous trip to Chennai and Tamil Nadu state from Dr Margaret Redelman

## Invitation to participate

Our region, Asia covers a wide area and many diverse cultures. In order to achieve our goals of increasing the sexual wellbeing of our region we need to unite through networking, education and participation in joint ventures. This Newsletter is one way for us to work together in sharing information on activities happening in the region and what individual sexual health professionals are doing.

We ask that all members of AOFS contribute to this newsletter by submitting their country's Sexology Conference and educational meetings information, information on special education/professional development programs, outcomes of sexological or education programs, acknowledgement awards given to members of AOFS, fun activities held by members and anything else that you feel would be of interest to other members of AOFS. Photos are welcome. We are planning 3 editions per year.

Please send contributions to the Newsletter to Margaret Redelman at:

aofsasia@gmail.com

Warm regards

Dr Margaret Redelman, Australia

Editor

## Regional conferences

2016

6-8 August

### **6th Asian Congress of Sexuality Education**

59 Hengshan Rd, Yanchao

Kaohsiung Country 82445

Taiwan (R.O.C.)

Website: [cwu@stu.edu.tw](mailto:cwu@stu.edu.tw)

16-17 September

### **Society of Australian Sexologists Conference**

" Behind Closed doors: Sex Therapy in Practice"

Greenmount Resort, Coolangatta, Gold Coast

Queensland, Australia

Website: <http://greenmountresort.com.au>

14-16 November

### **2016 Australasian Sexual Health Conference**

Adelaide Convention Centre, Adelaide, SA, Australia

Website: [www.shcoference.com.au](http://www.shcoference.com.au)

Contact: [info@shconferene.com.au](mailto:info@shconferene.com.au)