



AOFS NEWSLETTER

December 2011
Issue 2

12th AOFS Conference, Matsue



Greetings from the Scientific Committee

The program structure of the 12th AOCS consists of Plenary Sessions, Symposia, Oral Sessions, Poster Presentation, Social Programs, Luncheon Meetings and the Special Sessions open to the public. Our congress theme is **"Promotion of Sexual Health in Asia-Oceania"**, and we will cover the latest findings regarding sexual health issues in the region. Moreover we want to introduce you to some interesting and important findings on sexuality by leading Japanese researchers.
Dr Reiko Ohkawa, Congress President

Featured Speakers



Prof. Rosemary Coates, Ph.D.
WAS President
Plenary: Sexuality and Ethics



Prof. Dr. Kwansung Park
Department of Urology, Chonnam National University, Korea
Plenary: Male Sexual Dysfunction



Dr. Reiko Ohkawa
President of 12thAOCS
Plenary: Female Sexual Dysfunction



Prof. Dr. FX Arif Adimoelja
University of Airlangga, Surabaya, Indonesia
Symposium: Aging and Male Sexuality



Prof. Milton Diamond, Ph.D.
University of Hawaii
Workshop: Sexuality Education



Dr. Margaret Redelman
President of 19th WAS Congress
Workshop: Becoming comfortable addressing sexuality and taking a sexual history



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And many more speakers

12th AOFS Conference, Matsue, Japan



Date	Headquarters	Secretariat
August 2-5, 2012	c/o Papyrus, Kudanchuo Bldg. 602, 3-25-11 Kanda-jimbou-cho, Chiyoda-ku, Tokyo, 101-0051 JAPAN Phone: +81-80-1242-5025 E-mail: info@12aocs.jp	c/o Convention Linkage, Inc. Sanbancho KS Bldg., 2 Sanbancho, Chiyoda-ku, Tokyo 102-0075 Japan Phone +81-3-3263-8688 FAX +81-3-3263-8693
Venue		
Kunibiki Messe Shimane Prefecture Convention Center Matsue, Japan		

Call for papers

E-mail: 12aocs@c-linkage.co.jp

Papers pertinent to the topics listed on the website and others, may be accepted for consideration for presentation during the Congress. The abstracts should be submitted by April 30 of 2012. Further detailed information about abstract submission, pre-registration, accommodation, etc. will be provided in the web site. The 12th AOCS URL: <http://www.12aocs.jp>

A good conference is where the regional community actively participates by showcasing knowledge and research. So we look forward to receiving submissions particularly relating to the Asia-Oceania

Early Registration & Abstract Submission

	Mid-Jan to March	April 1 to August 1	August 2 on
Registration	Full Participant JPN 35,000 Student JPN 5,000	Full Participant JPN 40,000 Student JPN 5,000	Full Participant JPN 45,000 Student JPN 5,000

Abstract Submission	Mid-January – March 31
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TENGA Scholarship

This is an international scholarship program sponsored by TENGA (<http://e.tenga.co.jp/>) to provide financial assistance to people from resource-limited settings and communities.

Expected Number of Scholarship Recipients: Three (3)

Scholarship Amount: JPN 100,000 per recipient

Application Deadline: March 31, 2012

Details will be announced on our official website (<http://www.12aocs.jp/>).

Feature on a member country: INDIA

Modern Scientific Sexology was initiated in India around 1982 by Two Professional Bodies-Indian Association of Sex Educators, Counselors and Therapists (IASPECT) and Council of Sex Education and Parenthood International (CSEPI). Both these Organizations were established under the guidance of Patricia Schiller the founder President of American Association of Sex Educators, Counselors and Therapists (AASECT). While Prakash Kothari headed IASPECT, Mahinder Watsa headed CSEPI. The membership of both the societies is more or less the same. They organized the 7th World Congress of Sexology (1985), First International Conference on Orgasm(1991), Asian Congress of Sexology (1994) and First Asia Oceania Federation Congress of Sexology (2004).

Over the years CSEPI (www.csepi.org) became popular due to holding annual Sexology Conferences for the past 27 years. It usually conducts either pre or post conference Workshops to train Health Care Professionals in Sexuality Counseling, Education and Therapy. The average attendance at the annual conferences is around 350. Delegates from Singapore, Malaysia, Iran and Thailand participate in these conferences. International guest speakers have included John Money, Jackie Davison, Barry McCarthy, Mark Schwartz, June Reinisch, Hani Miletski, Beverly Whipple, Ajay Nehra(all from USA), John Bancroft (UK), Louis Gooren (The Netherlands), Ganesan Adaikan, Srilatha Balsubramanian (Singapore) and many more.

CSEPI was supported by the Family Planning Association of India in the initial years. Currently CSEPI has partnership with the Indian Andropause Society and Andrology India. CSEPI publishes a quarterly Newsletter which contains scientific articles on human sexuality apart from giving news about members and programmes. The membership of CSEPI is around 600 and comprises of Medical doctors, Psychologists, Sociologists, Social workers and Educators. The membership is pan Indian from about 30 Provinces. Executive committee members come from different Provinces across India. India is notionally divided into Five Regions and the Executive committee of CSEPI also has representatives from each of these regions for coordination purposes. CSEPI conducts Sexual Health Education programmes for School / College students, teachers and the general public. On September 4th 2011 Sexual Health Programmes were conducted at three cities to mark the World Sexual Health Day. Many CSEPI members are columnists in the lay media so sexual health information is spread to the public.

CSEPI is proud to state that three of its members (Prakash Kothari, Mahinder Watsa and D.Narayana Reddy) are recipients of the prestigious WAS (World Association for Sexual Health) Gold Medal. The current Chairperson of CSEPI is D.Narayana Reddy.

Training programmes are offered by CSEPI during their annual conferences and midterm workshops. Dr Prakash Kothari and Dr D.Narayana Reddy also provide hands on training to individual Health Care Professionals in the capacity of AASECT Certified Supervisors.

Currently the CSEPI core committee is working on Certificate courses in Sexuality Education, Counselling and Therapy. These courses may be launched by mid 2012. The Medical University (The Tamilnadu Dr.MGR Medical University) is planning to start a one year Fellowship programme in Sexual Medicine by next academic year.



27th National Conference of Sexology held in Khajuraho



Dr.D.Narayana Reddy Dr.Ganesan Adaikan



Dr.G.Venkataramana, Dr.JK Nath

Dr.Saroj Gumaste, Dr.Ganesan Adaikan

Dr.Mahinder Watsa,Dr.Narayana Reddy

Dr.Sanjay Deshpande



Dr.G.Venkataramana



Mr.Murugesh, President of Rotary Club

Dr.D.Narayana Reddy

Dr.Vathsala Narayanaswamy-President of Family Planning Association of India.

Dr.D.Narayana Reddy

Dr.Reddy graduated from Medical College in 1973. He obtained his Doctorate (PhD) in 1995 for his thesis "Sexual Disorders in Human Males". He has been certified as a "Sex Therapist" by AASECT (American Association of Sexuality Educators, Counselors and Therapists) since 1986. He was certified by AASECT in 2009 as a "Supervisor of Sex Therapy".

Dr.Reddy is in active Clinical practice of Sexual Medicine since 1982.

He is an Adjunct Professor of Sexual Medicine at The Medical University, Chennai-India. He is also a Visiting Professor at two other Universities in India. Apart from being the Chairperson of CSEPI, he is a Patron of Indian Andropause Society, Council Member Asia Oceania Federation for Sexology, Member- International Region Committee of American Association of Sexuality Educators Counselors and Therapists and committee member on AOFS.

Has more than 4000 hours of teaching experience (Medical, Psychology and Sociology streams). He has authored 17 books on Sexuality for the General Public and Chapters on Sexuality in three text Books on Sexual Health. He is a regular Columnist for 11 media agencies in India. He has won many awards, the most prestigious among them is the WAS (World Association for Sexual Health) Gold Medal in 2007.



Dr D. Narayana Reddy

Chairperson: Council of Sex Education & Parenthood (CSEPI)

President: Indian Andropause Society (IAS)

Council member: Asia Oceania Federation for Sexology (AOFS)

Dr Vijayasarithi Ramanathan

I am a registered medical practitioner and sexual health physician in India and a sexuality therapist, educator and researcher in Australia.

In 2005, after completing medicine and as a registered medical practitioner in India, I came to Australia to do a post-graduate degree in sexually transmissible infections (including HIV) at the University of Sydney (STI Research Centre). The Master's degree in STD/HIV not only equipped me with knowledge and skills in clinical medicine (STD/HIV) but also sparked my research interest and potential. A lecture on human sexuality and the social determinants of sexual health created the 'aha' moment in me. This eventually created a thirst in me to learn more about human sexuality and I did so through a formal post-graduate specialist-training program (Graduate Diploma in Sexual Health) at the University of Sydney. While gaining knowledge about the science of human sexuality, my inquisitive mind made to explore the impacts of one of many social determinants (acculturation) on sexual health through my doctoral research titled 'Sexual health of Indian migrant men living in Australia'. Post-graduate training and research in sexual health has made me realize the importance of addressing bio-psycho-social aspects of sexuality while dealing with sexual health and ill-health, both at an individual (clients/patients) and societal (policy/strategy) levels. I had an opportunity to combine my undergraduate medical training and my post-graduate training in sexual medicine/health with other non-degree training in CBT, motivational interviewing and health coaching (psycho-social). This gives me enough confidence to practice as a sexual health physician and sexuality therapist and also make me feel happy about what I do as a clinician, researcher and educator.

While in Australia, I have started to deliver free online advice and paid consultations for Indians (in and out of India) through my organization SSS Centre for Sexual Health. Recently, I wrote a 12-page article on sexual health, along with Dr Michael Lowy and Dr Margaret Redelman, in a popular local Indian health magazine, which sold over 350,000 copies. In June 2011, I was appointed as the representative member for the youth of India and Australia on the Youth Initiative Committee, World Association for Sexual Health.

In 2009 I made a decision to return to India by 2012 and deliver clinical practice, teach at local universities and conduct research in partnership with local and foreign organizations. I view my return to India as a very important and interesting part of my career as India, at least the urban areas, is undergoing rapid westernization in many aspects of life including that of sexuality. My vision is to deliver evidence-based sexual health care in India by incorporating the wisdom I got through learning and research over the past 12 years and the blessings of my family, teachers and mentors.

To know more about my organisation and me please visit:

www.sexualhealthindia.org

E: vram4831@uni.sydney.edu.au

Dr Vijayasarithan Ramanathan



REGIONAL CONFERENCES 2012

If your country is planning conferences for 2011-2012 please forward details to the editor.

11-12 February

6th International Conference on Sexology

Location: Chennai, India

www.indianassociationforsexology.org

26-29 April

5th Multidisciplinary Sexual Dysfunction Conference

Location: Queenstown, New Zealand

www.sexualdysfunctionconference2012.com

13-14 October

ASSERT National Conference

Sexuality - Beyond Difficulties Diversity & Definitions

Location: Melbourne, Australia

www.assertnational.org.au

Call for Sponsorship of AOFS Conference

- The AOFS humbly request strong support and assistance to the Organizing Committee by joining the Sponsored Program. Your kind cooperation in becoming a sponsor for any of our programs will be greatly appreciated.

For further information, please visit our web site: <http://www.12aocs.jp>.

Dr Michael Lowy at the Microsurgical Potency Reconstruction & Research Center. Taipei, November 2011

Dr Michael Lowy, Sydney Sexual Health Physician and Australian urologist Dr Carlo Yuen went to the Taipei offices of Dr Geng-Long Hsu, who runs the Microsurgical Potency Reconstruction & Research Center (www.glhsu.org) to observe his surgical technique for penile venous stripping to improve erectile quality. Venous incompetence is a relatively common cause of erectile dysfunction particularly in younger men is due to the failure of the veno-occlusive mechanism, a condition called venous leakage.

Leaking veins can be identified by caversonography and indirectly by duplex Doppler ultra-sound scan with PGE1 challenge. Sometimes cannulisation through the superficial dorsal vein with embolisation of the offending incompetent vein can improve the situation. Often PDE5 inhibitor medication is ineffective due to the strength of venous leakage and strong doses of penile injection therapy are required. Overall the success of treatment for venous leakage is variable.

Dr Hsu has revisited an older procedure called venous ligation surgery that he calls vein-stripping surgery. It is a lengthy procedure lasting from 4 to 6 hours where each circumflex vein attached to the deep dorsal vein is identified and tied off. The procedure is meticulous but appears to have a good success rate due to the identification of a larger number of leaking veins than in the past. Dr Hsu kindly demonstrated his technique with the possibility of bringing this type of surgery to Australia. The next step is a thorough evaluation.

Dr Michael Lowy

www.sydneyhealth.com.au



Interesting article: If you have read an interesting article authored in the Asia Pacific region please share with the community

Fellatio by Fruit Bats Prolongs Copulation Time

Min Tan^{1,3}, Gareth Jones², Guangjian Zhu¹, Jianping Ye^{1,3}, Tiyu Hong^{1,3}, Shanyi Zhou³, Shuyi Zhang⁴, Libiao Zhang^{1*}
1 Guangdong Entomological Institute, Guangzhou, China, 2 School of Biological Sciences, University of Bristol, Bristol, United Kingdom, 3 College of Life Sciences, Guangxi Normal University, Guilin, China, 4 School of Life Sciences, East

Oral sex is widely used in human foreplay, but rarely documented in other animals. Fellatio has been recorded in bonobos *Pan paniscus*, but even then functions largely as play behaviour among juvenile males. The short-nosed fruit bat *Cynopterus sphinx* exhibits resource defence polygyny and one sexually active male often roosts with groups of females. Female bats often lick their mate's penis during dorsoventral copulation. The female lowers her head to lick the shaft or the base of the male's penis but does not lick the glans penis which has already penetrated the vagina. Males never withdrew their penis when it was licked by the mating partner. A positive relationship exists between the length of time that the female licked the male's penis during copulation and the duration of copulation. Furthermore, mating pairs spent significantly more time in copulation if the female licked her mate's penis than if fellatio was absent. Males also show postcopulatory genital grooming after intromission.

Some adaptive hypotheses to explain genital licking were proposed:

1. Genital licking may lubricate the penis or increase penile stimulation, prolonging the duration of copulation. Prolonged copulation might assist sperm transport from the vagina to the oviduct, or stimulate secretions of the pituitary gland in the female and hence increase the likelihood of fertilization.
2. Prolonged copulation might be a method of mate-guarding.
3. Fellatio may confer bactericidal benefits and assist in the prevention of sexually transmitted diseases both to females and to males who lick their own penis briefly after copulation. Saliva has a protective repertoire that goes beyond antibacterial activity to include antifungal, antichlamydial, and antiviral properties as well.
4. Genital licking may facilitate the detection and identification of MHC-dependent chemical cues associated with mate choice.

This is the first large scale observational study of oral sex in non-humans. As the fellatio increases the duration of copulation the authors extend the interpretation of this behaviour beyond that of 'pleasure giving' into an evolutionary context. The behaviour presumably favours the donor, although it may also benefit both partners especially if fertilization success is increased. It is conceivable that the female manipulates the male by increasing sexual stimulation, so that she ultimately benefits.

Can we extrapolate any of this to humans?

Invitation to participate in Newsletter

This Newsletter is one way for us to work together in sharing information on activities happening in the region and what individual sexual health professionals are doing.

We ask that all members of AOFS contribute to this newsletter by submitting their country's Sexology Conference and educational meetings information, information on special education/professional development programs, outcomes of sexological or education programs, acknowledgement awards given to members of AOFS, fun activities held by members and anything else that you feel would be of interest to other members of AOFS. Photos are welcome. We are planning 3 editions per year.

There will be a regular section on each member country to introduce what is happening there.

Please send contributions to the Newsletter to Margaret Redelman at:

AOFStnewsletter@gmail.com

Warm regards

Dr Margaret Redelman, Australia
Editor